ANZAC DAY – LEST WE FORGET

The 25th April 2015 was a significant day for all Australians as we commemorated 100 years since the ANZAC landing at Gallipoli. Our school held a special ceremony on Friday 24th April, to honour the ANZACs and this important day for Australia.

Guests including Federal Minister for Herbert Mr Ewan Jones, 1 RAR Commanding Officer Mr Jason Groat, Mr Phil Lawlor Thuringowa RSL, Mr Alex Illin Aboriginal Elder and Veteran, other members of the Defence Force and the 1 RAR Band, all attended and participated in our ceremony which included a moving re-enactment of Simpson and his donkey Duff at Gallipoli.

Ewan Jones read a brief statement before presenting the school with a signed certificate from the Prime Minister of Australia, to mark this special event. The 1 RAR Band played musical items with our school musicians throughout the ceremony.

The occasion was also well supported by parents and community members. Our School Captains represented Thuringowa State High State at the Dawn Service, then joined a large school group, as we proudly marched along the Strand as part of the ANZAC Day Parade.

Our thanks is extended to Mrs Celia O’Keeffe and staff for creating this very significant and special event.

PARENT-TEACHER INTERVIEWS

All parents should have received their child’s Term One Progress Report during the holidays. It was great to see so many parents attend the recent Parent-Teacher interviews to discuss this report and their child’s schooling. If you could not attend these interviews then please feel free to contact any teacher via the phone or email.

Staff email addresses are available on our website or from our administration office.
YEAR 7 and YEAR 9 NAPLAN

I wish all Year 7 and Year 9 students all the best for next week’s NAPLAN tests. NAPLAN is an important opportunity for students to measure their individual progress against standardised tests. Further details about NAPLAN are available in this newsletter.

INTER-HOUSE CROSS COUNTRY

Friday 1st May was a great day for students to run, jog and even walk around the school as part of our 2015 Inter-House Cross Country. Congratulations to all the students who participated, and especially students in Gold House who won the shield. Green House was second and White House third. Congratulations to the first runner over the line in each age division.

  Under 12 Age Champions Emma and Matthew
  Under 13 Age Champions Bianca and Russell
  Under 14 Age Champions Jayden and Zac
  Under 15 Age Champions Carly and Dean
  Under 16 Age Champions Eliza and Matt
  Opens Age Champions Elsie and Kelvin

We now look forward to having a strong team at the Townsville Inter-School Cross Country.

THEATRE RESTAURANT

It is nearly Theatre Restaurant time again, and we are all looking forward to watching 'POPSTARS - The 90’s Musical'. Our students having been practicing for months and I know everyone will enjoy this fantastic presentation, which is full of colour, song and plenty of laughter. Come along and enjoy a three course meal and show. It is a great night out.

There are seats still available, so don’t miss your chance to support our students and the school. Further details are included.

REMINDER – HOMEWORK PROGRAM

A reminder that our Homework, Assessment & Tuition (HAT) program is available for all students every Wednesday and Thursday after school until 4:00pm. This is a great opportunity for students to get assistance with their school work. I encourage all students to attend.

It is important to us that every day, in every classroom, every student is learning and achieving. We appreciate your support in this partnership.

Grant Dale
Principal
gdale8@eq.edu.au
2015 Annual Theatre Restaurant

Popstars! The 90's musical.
Written by Neil Gooding and Nicholas Christo
By arrangement with David Spicer Productions www.davidspicer.com.au

Bookings are now open
Show nights 22nd 29th 30th May 2015
Tickets $40 include 3 course dinner (special dietary requirements available, advise on booking)
Book and pay - phone 4753 8888 - call into school - email tberg8@eq.edu.au
6.30pm for 7pm start Performing Arts Theatre
Thuringowa State High School 26-54 Vickers Road South, Condon

https://thuringowashs.eq.edu.au
Insurance Cover for Students

Insurance cover for students undertaking physical activities.

Physical activity and physical education, particularly contact sports, carry inherent risks of injury.

Parents are advised that the Department of Education Training and the Arts does not have Personal Accident Insurance cover for students.

Education Queensland has public liability cover for all approved school activities and provides compensation for students injured at school only when the Department is negligent. If this is not the case, then all costs associated with the injury are the responsibility of the parent or caregiver.

It is a personal decision for parents as to the type and level of private insurance they arrange to cover students for any accidental injury that may occur.

THE SCHOOL ABSENCE LINE IS 4753 8866
PLEASE RING IF YOUR STUDENT IS ABSENT FROM SCHOOL OR EMAIL 2172_Absences@eq.edu.au

Check out the new Every Day Counts videos live on DETE TV
http://www.youtube.com/DETQueensland

https://thuringowashs.eq.edu.au
Vision for Thuringowa State High School

SCHOOL VISION STATEMENT
Great School  Great Opportunity

SCHOOL MOTTO
Promoting Achievement

SCHOOL VISION
Thuringowa State High School students will achieve personal success in their learning and contribute as responsible and productive citizens.

We do this by:
- Providing a personalised and student-centred approach to learning
- Creating a culture of learning, high expectations and continuous improvement
- Encouraging equity and social justice
- Supporting personal and community well-being
- Developing partnerships with our community
- Recognising diversity
- Celebrating achievement

Values
- Lifelong Learning - We believe that everyone has the right to learn and can learn
- Quality Achievement - We strive for high expectations and educational excellence
- Positive Relationships - We promote a safe environment, respectful interactions and responsible behaviours
- Connected Communities - We create networks and partnerships across our school community
- School Pride - We celebrate our school identity, achievements and traditions

https://thuringowashs.eq.edu.au
**UPCOMING EVENTS**

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>SFNQ Skills on Show Careers Expo</td>
<td>7/5/15</td>
</tr>
<tr>
<td>NAPLAN</td>
<td>12-14/5/15</td>
</tr>
<tr>
<td>P&amp;C Meeting</td>
<td>13/5/15</td>
</tr>
<tr>
<td>Theatre Restaurant full day rehearsal</td>
<td>18/5/15</td>
</tr>
<tr>
<td>Bunning North Shore Sausage Sizzle Year 12 fundraising</td>
<td>23/5/15</td>
</tr>
<tr>
<td>Inter-school Cross Country</td>
<td>26/5/15</td>
</tr>
<tr>
<td>Immunization Year 8 Chickenpox &amp; Year 8 HPV</td>
<td>21/5/15</td>
</tr>
<tr>
<td>Trytime Year 9</td>
<td>21 &amp; 22/5/15</td>
</tr>
<tr>
<td>Theatre Restaurant</td>
<td>22/5/15</td>
</tr>
<tr>
<td>Student Night Theatre Restaurant</td>
<td>23/5/15</td>
</tr>
<tr>
<td>NQ Cross Country</td>
<td>26/5/15</td>
</tr>
<tr>
<td>Student Leadership Day</td>
<td>28/5/15</td>
</tr>
<tr>
<td>Theatre Restaurant</td>
<td>29 &amp; 30/5/15</td>
</tr>
<tr>
<td>Riverway Cup – Maths</td>
<td>3/6/15</td>
</tr>
<tr>
<td>Year 8 Immunizations Chickenpox &amp; HPV</td>
<td>5/6/15</td>
</tr>
<tr>
<td>Queen’s Birthday Holiday</td>
<td>8/6/15</td>
</tr>
<tr>
<td>P&amp;C Meeting</td>
<td>10/6/15</td>
</tr>
<tr>
<td>Bunning North Shore Sausage Sizzle Year 12 fundraising</td>
<td>13/6/15</td>
</tr>
<tr>
<td>Year 11 &amp; 12 Exam block</td>
<td>22-24/6/15</td>
</tr>
<tr>
<td>Junior Secondary Showcase</td>
<td>24/6/15</td>
</tr>
<tr>
<td>Year 11 &amp; 12 QCS practice</td>
<td>25 &amp; 26/6/15</td>
</tr>
</tbody>
</table>

**New tobacco legislation**

The Queensland Government has passed amendments to the *Tobacco and Other Smoking Products Act (1998)*, banning the use of smoking products, including tobacco and electronic cigarettes, in all enclosed and outdoor areas at state and non-state schools in Queensland – including primary, secondary and special education facilities – and for five metres beyond the boundary of school land.

The new laws took effect on the 1st January, 2015.

The new laws apply at all times – during and after school hours, on weekends and during school holidays. The five metre ‘no smoking’ buffer will ensure that smokers extinguish their smoking products well before they approach school land.

Smoking in motor vehicles where children under the age of 16 are present has been banned in Queensland since January 2010.
Engineering Challenge

On 30 April, seventeen Year 10 students competed in the University of NSW’s Engineering Challenge held at James Cook University.

The students competed against seven other schools and apart from performing well, they enjoyed the challenge of solving science and engineering problems.

Situations they had to resolve were:

- Build a suspension system for a simple Mars buggy that will allow a load to be safely conveyed across the undulating Mars surface.
- Design and build cost-effective artificial fingers and thumb for the bionic hand so that a number of tasks can be completed.
- Design and build a catapult that can fire a tennis ball accurately over a long distance.
- Build two towers as high as you can (maximum 80cm) and as strong as possible.

Well done to all the students who participated.

Gus, Derryn, Ada, Abbie, Zach, Thomas, Britney, Mitchel, Angus, Gabby, Zoe, Kayla, Anthony, Adrian, Jaycey, Edwin, Braydon
Mental fitness

One in four young Australians live with a mental health difficulty and 75% of people with mental health difficulties will experience it’s onset by the age of 24.

It is therefore very important that we practice preventative measures in the school environment to provide young people with knowledge and support around mental fitness and wellbeing.

There are a number of ways parents and teachers can support student’s wellbeing and mental fitness within the school community.

- Encourage students to seek help if they feel they are not coping. This can be online help (e.g. ReachOut.com) or face to face help (e.g. speaking to the school counsellor).
- Set aside time to do short activities that promote mindfulness.
- Focus on student’s strengths.
- Talk about mental health and wellbeing with students. Talking about mental health and wellbeing reduces the stigma around mental health difficulties and gives students permission to talk about their state of mental health without the fear of being judged.

By incorporating some of these actions into everyday school life teachers and parents can help encourage mental fitness in students and prevent serious mental health difficulties.

INDOOR CRICKET

Nippers Program
Ages: 3 – 7 years old
FREE – 8.30am Saturday Mornings, all equipment supplied

Junior Cricket
Ages: 8 – 16 years old
No Sign on Fees, all equipment supplied
$10.00 per game, pay as you play

Phone: (07) 4723 1414
Email: info@wildcatzindoorsports.com.au
Location: 18 Blackhawk Boulevard, Cannon Park
Each week teachers of Year 7, 8 & 9 nominate a student from their class who has shown safe, respectful and responsible behaviour. On time every time In class on task First time every time

The following students in Year 7 received Student of the Week awards during term 1.

<table>
<thead>
<tr>
<th>Bianca Smith</th>
<th>Derick Lawrence</th>
<th>Leeann Evennett</th>
<th>Dejhan Laza</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bonnie Calvert</td>
<td>Dwayne Blanket</td>
<td>Michael McKean</td>
<td>Kyle Melville</td>
</tr>
<tr>
<td>Brooke McIntosh</td>
<td>Gemma Nolder-White</td>
<td>Naqiyah Reuben</td>
<td>Laila Pardon</td>
</tr>
<tr>
<td>Christian Henshall</td>
<td>Haylie Jang</td>
<td>Sarah Keuper</td>
<td>Tyrel Bowater</td>
</tr>
<tr>
<td>Corey Smith</td>
<td>Hope Wilson</td>
<td>Taryn Pittman-Thompson</td>
<td>Zak Eseli</td>
</tr>
<tr>
<td>Courtney McCormick</td>
<td>Jedda Cobbo</td>
<td>Telita Day</td>
<td></td>
</tr>
<tr>
<td>Dani Taylor</td>
<td>Joshua Granshaw</td>
<td>Tre-jean Need</td>
<td></td>
</tr>
</tbody>
</table>

https://thuringowashs.eq.edu.au
Year 8 Students of the Week for Term 1

Year 9 Students of the Week for Term 1

https://thuringowashs.eq.edu.au
Term 1 Work Experience at the Defence Department

Four of our students organised to go to 3rd Combat Engineer Regiment – 25 Support Squadron to complete their work experience hours as a Construction Trades and Heavy Vehicle Plant Operator week 9, Term 1.

One of the activities was that students spent a morning with 3CER’s Emergency Response Troop at the Night Training Facility at Lavarack Barracks. Students learnt search and rescue techniques within urban and jungle environments.

The members from ERT gave the students basic training in search, rescue and first aid techniques. They then set up a range of search and rescue scenarios involving casualties in the different environments that the students had to work through.

The scenarios included a casualty in a house/building fire, casualty fallen down a well/hole and a casualty in a storm water drain. Students were able to wear PPE and clothing specific to the role.
We encourage all parents & caregivers to download this free app.

Download the FREE QSchools app from your app store.

1. **Download or update the QSchools app**
   Compatible with the following devices:
   - Android
   - Apple
   - Windows 8

2. **Search for your school**
   The QSchools app allows you to search by:
   - School name search
   - Map search
   - Schools near your current location

3. **‘Favourite’ your school to receive updates**
   By favouriting your school, you will:
   - Have access to school information, newsletters, reports and more
   - Automatically receive important updates and push notifications from your school
Welcome back existing and new students to our school. The focus for the start of our 2015 school year is on understanding our school’s Behaviour Matrix and Expectations.

Each fortnight, students were explicitly taught our Safe, Responsible and Respectful behaviours with regards to our behaviour reminders; On time every time, In class on task, First time every time and Learn and let other’s learn.

Students demonstrating these behaviours were given a S.P.O.T.T.E.D award. This award recognises or SPOTS your child being respectful, responsible or safe.

Over the past term, at every year level parade, students from Years 7 - 12 have been recognised for their success with tasty icy treats.

Queensland Curriculum and Assessment Authority

Nominations of community representatives for the 2015 QCS Test (paid positions) are open.

Community members are invited to apply for the positons of chief community representative or community representatives at schools.

You must have an email address to receive the application form which has to be submitted before the 22nd May, 2015.

The QCS Test is on Tuesday 1st September and Wednesday 2nd September, 2015.

An appointee:
- will be paid a set fee for attending all sessions
- must ensure that the security of the test papers is maintained
- must tell the chief supervisor if they have a relative sitting the QCS Test this year
- must not make any public comment on any matter relating the QCS Test

If you are interested in applying for the position please contact Celia O’Keeffe email cokee10@eq.edu.au or phone 4753 8888.
At the end of the term students entered their S.P.O.T awards into a draw for a movie ticket. The recipients awarded are:

Year 7  
Emma  
Nick  
Curtis  
Christine  
Keenan

Year 8  
Caleb  
Sophie  
Velletta  
Rasheed  
Jaydin

Year 9  
William  
Taylor  
Katherine  
Miranda  
Louise

Year 10  
Courtney  
Corey  
Britney  
Jesse  
Jess

Year 11  
Ryan  
Chloe  
Maddie  
Garth  
Paitan

Year 12 students went into a separate draw to allow one lucky S.P.O.T award recipient to win their Year 12 Jersey for FREE! The winner was Pepetua.

Congratulations to all students who have demonstrated our schools 3 Behaviour Targets!

Keep up the good work!

Cassandra King  
PBS member

If you want to receive the school newsletter by email in future, please send through your email address to tberg8@eq.edu.au

https://thuringowashs.eq.edu.au
Year 7N Textile and Food Class

**Anzac Biscuits**

**GOAL:** To practice measuring and baking skills  
**RECIPE:** ANZAC Biscuits  
**COOKERY PROCESSES:** melting, mixing, baking

<table>
<thead>
<tr>
<th>INGREDIENTS</th>
<th>UTENSILS</th>
</tr>
</thead>
<tbody>
<tr>
<td>1/2 cups plain flour</td>
<td>Sifter</td>
</tr>
<tr>
<td>1/2 cup rolled oats</td>
<td>Large bowl</td>
</tr>
<tr>
<td>1/4 cup caster sugar</td>
<td>Measuring cups</td>
</tr>
<tr>
<td>1/4 cup desiccated coconut</td>
<td>Measuring spoons</td>
</tr>
<tr>
<td>1 tbs golden syrup</td>
<td>Wooden spoon</td>
</tr>
<tr>
<td>75g unsalted butter</td>
<td>Small saucepan</td>
</tr>
<tr>
<td>1/4 tsp bi carb soda</td>
<td>Baking tray</td>
</tr>
<tr>
<td>3 tsp water</td>
<td></td>
</tr>
</tbody>
</table>

[https://thuringowashs.eq.edu.au](https://thuringowashs.eq.edu.au)
<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Pre heat oven to 170°C.</td>
</tr>
<tr>
<td>2</td>
<td>Sift flour into a large bowl and add oats, sugar and coconut, stir to combine.</td>
</tr>
<tr>
<td>3</td>
<td>Place golden syrup and butter in a small saucepan, on low heat, and stir until fully melted.</td>
</tr>
<tr>
<td>4</td>
<td>Mix the bi carb soda with water and add to golden syrup mixture, stirring.</td>
</tr>
<tr>
<td>5</td>
<td>When the mixture bubbles, remove from heat and pour into dry ingredients and mix well.</td>
</tr>
<tr>
<td>6</td>
<td>Place baking paper on baking tray.</td>
</tr>
<tr>
<td>7</td>
<td>Roll tablespoons of mixture into balls and place on baking tray.</td>
</tr>
<tr>
<td>8</td>
<td>Press down on the tops gently to flatten a little.</td>
</tr>
<tr>
<td>9</td>
<td>Bake for 12 minutes or until golden brown.</td>
</tr>
</tbody>
</table>

**Year 9A Textile Food Studies**

[Images of students preparing and presenting food dishes]

[Website URL] https://thuringowashs.eq.edu.au
Anzac Day 2015

Masters of Ceremonies
Gail & Noah

1 RAR Band
Entry of Official Party
1 RAR Band
Welcome Address
Gail Toombes & Noah Adams

Acknowledgement to Country
Indigenous Student Leader Alex Napier

Entry of Army and Air Force Catafalque Party
Accompanied by 1RAR Band
Bella Priest (Army), Matthew Dyer (AAFC), Zach Ashmead (AAFC), Zoey Button-Camp (Army), Laura Beale (Army), Adrian Button (Army)

Presentation
Ewen Jones, Federal Member for Herbert
Address
Phil Lawlor Thuringowa RSL

Dramatic Piece
Hayden and
Nico – the donkey

Guest Speaker Address
Alex Illin- Aboriginal Elder,
Veteran and Leader

Prayer
Ben Pitt, Teacher
Thuringowa State High School

Guest Speaker Address
Lieutenant Colonel Jason Groat
DSM Commanding Officer

Hymn “Abide with Me” 1 RAR and
Thuringowa Concert Band

ODE TO THE FALLEN

They shall grow not old
As we that are left grow old
Age shall not weary them
Nor the years condemn
At the going down of the sun
And in the morning
We will remember them

Wreath Laying
1 RAR Commanding Officer Jason Groat and
School Vice Captains

Book Laying
Ewen Jones Federal Member for Herbert and WGC DR Mathew Harvey CO 27 S Q N and Mr Phil Lawlor Thuringowa RSL

Last Post
1 RAR Band

https://thuringowashs.eq.edu.au
One Minute Silence
Rouse and raising of the flag  1 RAR Band
National Anthem  1 RAR Band, Thuringowa Concert Band and Choir singing
   “Advance Australia Fair”
Musical piece  1 RAR Band – Waltzing Matilda

Thank you to all who participated!
YEAR 7 and 9 - NAPLAN Tests

<table>
<thead>
<tr>
<th>Period</th>
<th>Tuesday 12th May</th>
<th>Wednesday 12th May</th>
<th>Thursday 14th May</th>
<th>Friday 15th May</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Language Conventions</td>
<td>Reading</td>
<td>Numeracy (calculator allowed)</td>
<td>Regular classes</td>
</tr>
<tr>
<td></td>
<td>45 minutes</td>
<td>65 minutes</td>
<td>40 minutes</td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>Writing</td>
<td>Regular class</td>
<td>Numeracy (non-calculator)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>40 minutes</td>
<td></td>
<td>40 minutes</td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>Regular class</td>
<td>Regular class</td>
<td>Regular class</td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>Regular class</td>
<td>Regular class</td>
<td>Regular class</td>
<td></td>
</tr>
</tbody>
</table>

The timetable above outlines the days and sessions that ALL Year 7 and 9 students will be undertaking the NAPLAN tests. Students will need a HB pencil, eraser and sharpener to complete the tests. A basic calculator is also required for the numeracy calculator allowed test.

NAPLAN test days should be treated as just another routine event on the school calendar. The best way you can help your child prepare for NAPLAN is to reassure them that these tests are just one part of their school program, and to urge them to simply do the very best they can on the day.

To do their best, students should have had a good night’s sleep and eat a breakfast that will provide them with fuel for the day! A light breakfast/snack will be available for Year 7 and 9 students on the three days of the tests. Students will be advised where this will take place.

Cheryl Phillips
Master Teacher

Immunizations are on Friday 5th June for Year 8 HPV and Chicken Pox

Students who have missed out will be immunized

Permission forms are available at the office

https://thuringowashs.eq.edu.au
Parents Assist Program

**STRATEGIES TO ASSIST PARENTS GIVE CAREER GUIDANCE TO THEIR SONS AND DAUGHTERS**

- How confident are you having conversations with your son or daughter about making career decisions?
- Are you aware of what type of career may suit your son or daughter?
- Do you know about what training/study options are available?

Assisting your son or daughter with making career decisions can be extremely difficult in this ever changing world. This program will provide you with skills and information that will give you confidence in assisting your son or daughter make informed career choices.

This program will provide you with activities and information that will:
- Give guidance on what conversations to have with your children.
- Provide information on the types of jobs and study/training opportunities available.
- Provide information and resources to assist your child find out about jobs.
- Provide tips on staying focused and positive through the process.

For more information about the course:
Phone: 0416 280401  COST: $50.00  DATE: Saturday, May 30  TIME: 9:00AM – 12:00PM

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**TOWNSVILLE BUSH POETRY MATES INC** is a small group of people interested in Australian Bush Poetry. They meet on the 1st Tuesday of each month, with the emphasis being on reciting and performance of original poetry, and poetry written by others.

Non-members are invited to attend meetings, and encouraged to become members. We are a non-profit organisation dedicated to encouraging the writing, performance, and education in schools and of the general public of the merits of Australian Bush Poetry.

**Time:** 7.30pm (usually 7pm but later for this and next 2 meetings)

**Place:** Aitkenvale Library Meeting Room. All are welcome to attend, especially intending members and visitors to Townsville. This year we are planning a few challenging innovations to give variety and special interest to our monthly meetings.
2015 Inter-House Cross Country – and the winner is Gold House

https://thuringowashs.eq.edu.au
Student night performance finishes at 9pm (approximately)

2015 Annual Theatre Restaurant

Thuringowa State High School

Fun
Great music
Dancing
Singing

Popstars! The 90's musical.
Written by Neil Gooding and Nicholas Christo
By arrangement with David Spicer Productions www.davidspicer.com.au

Tickets are on sale at the office
Show night Saturday 23rd May
Tickets $8 includes sausage sizzle and drink
6.00pm for 6.30pm start Performing Arts Theatre
Thuringowa State High School 26-54 Vickers Road South, Condon

https://thuringowashs.eq.edu.au
Community Notices

CHEERLEADING CLASSES

Competition and Recreational

For details phone Fiona Brown at

TOWNSVILLE DANCE AND CHEERLEADING

On 4778 2564 or 0413 745 016

Ross River Junior Football (soccer) Club are looking for players to join our club in the following age groups; Under 12, Under 13 and Under 14 Girls & Boys

Training is on Tuesday’s & Thursday’s from 5pm to 6pm

Training is held at the junior grounds at Charles Moroney Park Clint St, Kelso

Any students wishing to play can attend either of our training sessions.

https://thuringowashs.eq.edu.au